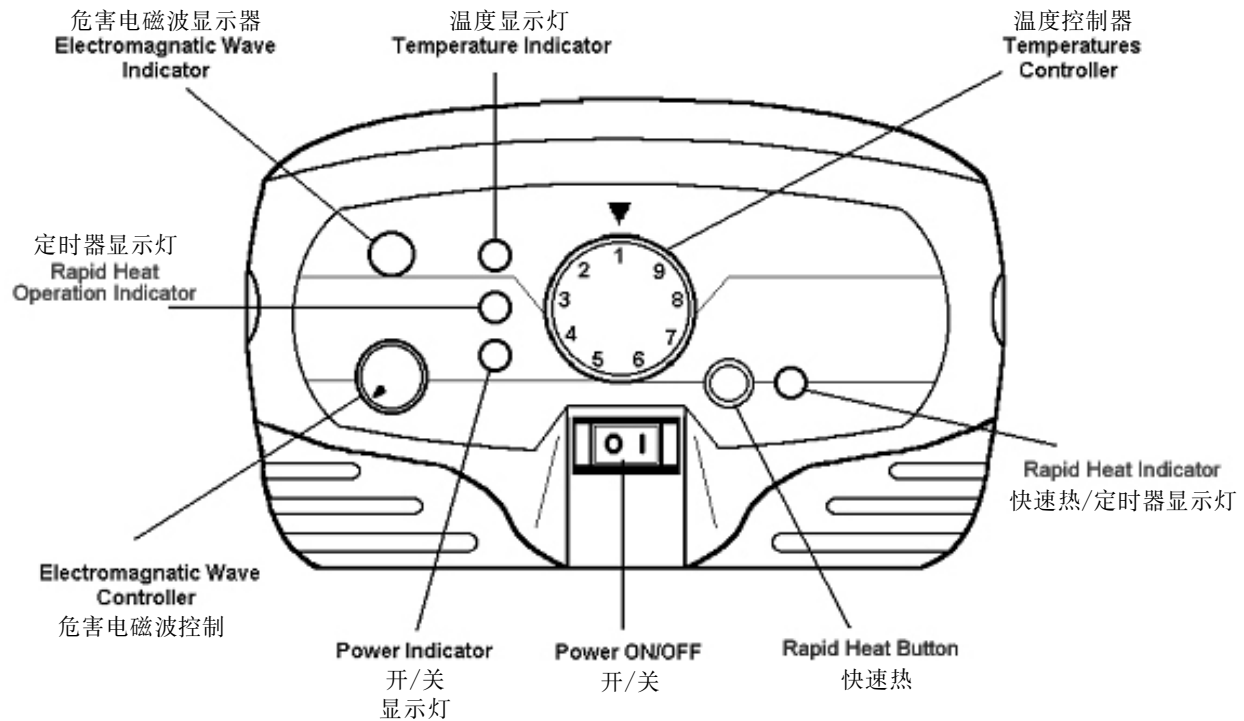


# 天然綠玉能量保健墊－使用法

## E-Ion Jade Mattress – User's Manual



### 操作法：

1. 按开关 (开关显示灯-亮)
2. 调整温度控制器, 从1至9 (摄氏37至45度), 当达到所要求之温度, 温度显示灯将熄灭.
3. 调整危害电磁波控制器至到危害电磁波显示器灯熄灭.
4. 如您要求快速达到热度, 您可按快速热按钮.

### 使用法

1. **桑拿和减肥效果** - 把温度调整43-45度摄氏, 享受一小时的桑拿浴.
2. **保健功效** - 把温度调整39-41度摄氏, 享受30至45分钟的保健.
3. **夜晚使用** - 把温度调整38至39度摄氏, 睡到天亮.

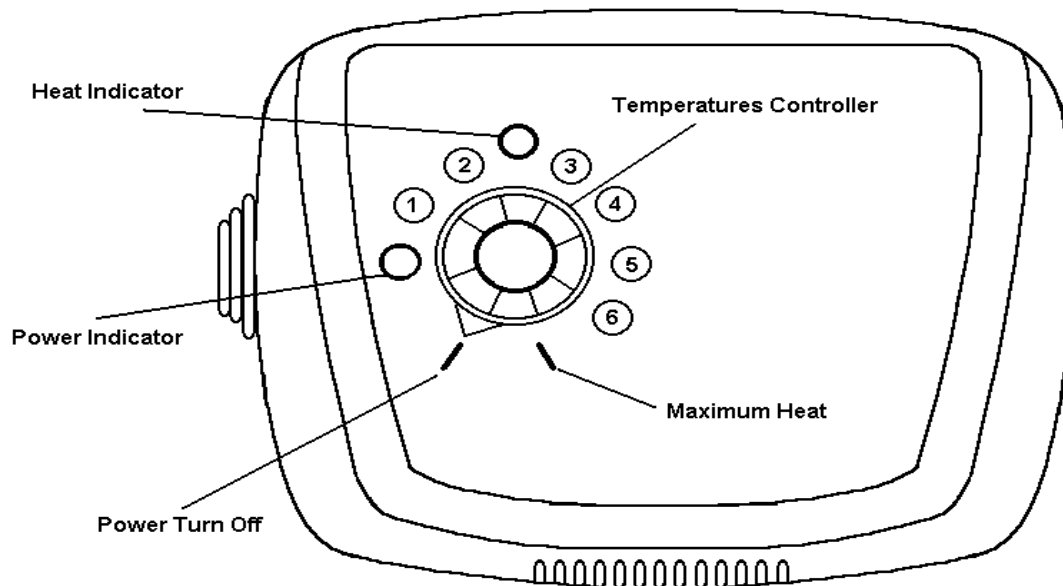
### Normal Operation

1. Press power button on (power indicator red light turn on).
2. Adjust temperature controller from 1-9 (37 to 45 degree Celsius), once required temperature is achieved the indicator red light turn off.
3. Adjust the electromagnetic wave controller until the electromagnetic indicator light turns off.
4. If you require rapid warming, turn on the rapid heat button.

### USAGE

1. **Sauna and Slimming Function** - Set the temperature to between 43 – 45 degree Celsius and sleep for 1 hour
2. **Health Function** - Set the temperature to between 39 – 41 degree Celsius and sleep for 30 – 45 minutes
3. **At night** - Set the temperature to between 38 – 39 degree Celsius and sleep for the night

# Jade Mattress Junior – User’s Manual



## Normal Operation

1. Adjust temperature controller button on (power indicator and heat indicator red light turn on).
2. Adjust temperature controller from 1-6 or maximum (39-45 degree Celsius).
3. If any requires heat, adjust the controller to the levels you need.

## USAGE

1. **Sauna and Slimming Function** - Set the temperature to between level 5 or maximum (43 – 45 degree Celsius) and sleep for 1 hour.
2. **Health Function** - Set the temperature to between 39 – 41 degree Celsius and sleep for 30 – 45 minutes.
3. **At night** - Set the temperature to between level 1 to 2 (39 – 40 degree Celsius) and sleep for the night.